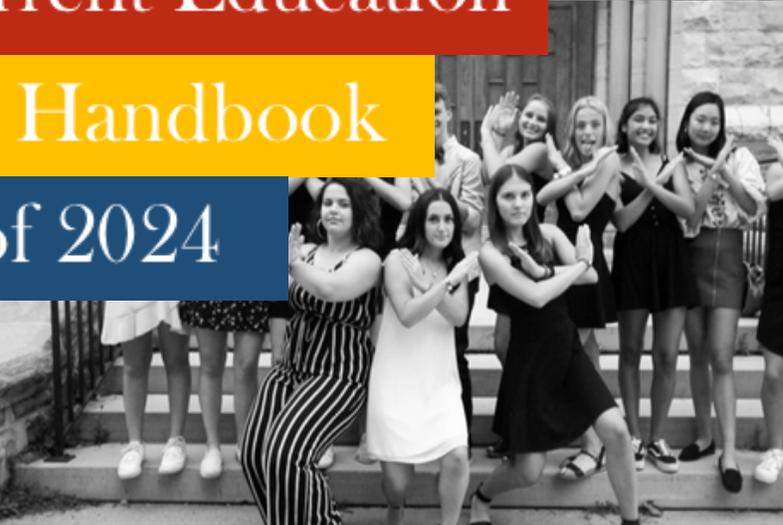


Queen's Concurrent Education

Orientation Handbook

Class of 2024



WELCOME TO...

Concurrent Education Orientation 2020!!!



Introducing your 2020 Orientation Executive Team

Head Teach	Alexis Pascoal	headteach@cesa.queensu.ca
Logistics Teach	Alex Fear	logisticsteach@cesa.queensu.ca
Financial Teach	Liam Carey	financialteach@cesa.queensu.ca
Academics Teach	Paris Tomazic	academicsteach@cesa.queensu.ca
Social Teach	Jihanara Dossa	socialteach@cesa.queensu.ca

Do you have any questions or concerns about Con-Ed Orientation 2020, the Kingston community, or life at Queen's University? We are so excited to meet you and would LOVE to hear from you! Check out our website or our fun social media below!



Queen's Con-Ed '24



<https://www.queenscon-edorientation.com>

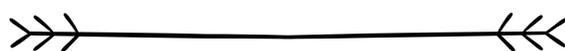


queensconedoweek

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Welcoming remarks from the Dean of Education

Welcome to Queen's Concurrent Education program. I congratulate you on your academic and extra-curricular achievements in high school, which played a critical role in your successful admission.

You are entering the teaching profession at a time when we are preparing our students for a future that is rapidly changing. Despite the challenges, there are also opportunities for growth and change. Our goal at the Faculty of Education is to inspire our students to become progressive, ethical, competent, and thoughtful leaders. Your classes and practicum placements are opportunities to develop the skills and values of strong educators who positively influence whomever and wherever they teach.

My wish for you is to become educators who value safe, just, equitable, and open environments for learning. May you challenge students to explore new boundaries and facilitate change. May you come to understand and assist those students who struggle within existing school structures. Above all, may you prepare people to connect and engage with others to create a better world. In all the paths you travel at Queen's, may you have a rewarding and transformative learning experience.

On behalf of the Faculty I welcome you to this journey. Yours in teaching and learning.

Rebecca Luce-Kapler, OCT



GOALS OF THE CON-ED ORIENTATION TRANSITION PERIOD

1

To create a supportive environment for incoming students

Orientation Leaders are available to provide social and academic support

We stress a genuine acceptance of all values, beliefs, backgrounds, identities, cultures and religions

2

To ensure all activities during the transition period are accessible to incoming students

We provide a diverse number of activities to suit different interests

All activities are designed to keep in mind different abilities students may have

3

To create a supportive environment for incoming students

Students are provided with virtual break out rooms to socialize and mingle

Orientation Leaders are encouraged to get to know the incoming students

4

To create and embody school spirit and familiarity

Students have an opportunity to learn about the history of Queen's and the Con-ed faculty

Students are educated on resources available to them

5

Have fun!





Orientation Transition Period Registration

Now that you have read all about it, we hope you are excited to find out how you can participate in the Con-Ed Orientation Transition Period 2020!

In order to participate in all or part of the Orientation Transition Period, there is a fee of \$15. This fee will cover the cost of a TAM, the cost of ZOOM, and minor materials for events.

How to register for the Con-Ed Orientation Transition Period 2020:

1. Online registration can be found on the Con-Ed Orientation Transition Period Website under the tab "Registration" found at the top menu bar. Please also fill out our Orientation Survey found online under registration. Please do this by August 5th, 2020!



2. If there are extenuating circumstances and you are unable to make the deadline of August 5th, there will be a chance to pay this fee during registration on the first day of The Orientation Transition Period. If you are going to pay this way, please e-mail Liam, the Financial Teach, before August 7th!
His contact information is listed below.

If you foresee any difficulties with meeting the financial requirements of the Orientation Transition Period, there are bursaries available to subsidize costs. Inquiries regarding financial aid will remain entirely confidential. Please contact Liam, our Financial Teach if you are interested in financial aid. We would love for everyone to be able to participate!

If you have any other questions regarding registration, please contact Liam Carey at financialteach@cesa.queensu.ca.





Orientation Transition Period Schedule

The final schedule is currently being finalized by the Concurrent Education Orientation Executive Team. The Orientation Transition Period will occur virtually on the Zoom platform. Dates and times will be posted closer to the Orientation Transition Period. The Transition Period will occur over a two week period with a alternating days of events and videos. These are explained below.



Orientation Transition Period Events

An Ed. Venture in B.Ed

This is your official welcome into Con-Ed. The start of your amazing Ed. Venture in the Con-Ed family.

Time to see your teaches (Orientation Leaders) and hear welcome speeches from heads of the department and advisors before going into breakout rooms on Zoom to meet your Orientation groups and learn some cheers.

Mock Majors Night

This event is to learn more about courses and fields you find interesting. You will have the ability to ask upper year students any question you may have about selected courses, requirements, concerns and their experiences. It is also a chance to make connections with upper year Con-Ed students.

Con-Ed Games Night

Time to channel your competitive side for a games night extravaganza. There will be five different break out rooms with varying levels of high and low energy activities to share laughs, dance moves and get to know your fellow Incoming Students and Orientation Leaders better.



Creative Corner

In Con-Ed we value creativity and this event creates a fun space for you to explore your imagination. There will be a variety of creative activities that you can choose from. During this event you will also get to further bond with other incoming students, Orientation Leaders and Executives.

Acs on Zoom

This event is our academics event with an incredible motivational speaker with breakout rooms for a Q and A. This event is to get you excited about your learning journey and have the opportunity to ask any academic related questions you may have.

Con-Ed Pillow Talk

After many high energy events this movie night provides a low energy safe space to relax and unwind. You can enjoy some high quality entertainment with your fellow incoming students in pyjamas or your favourite cozy clothing. .

Whites Farm

The final event of the transition period is Whites Farm. This is a beloved Con-ed tradition where you are able to reminisce over the memories, moments and highlights of the transition period. Though this signals the ending of ur transition period, it is the start of an incredible journey with all your fellow Con-Eddies by your side.



Orientation Transition Period Videos

Video 1:
Introduction to
the Orientation
Executives

Video 2:
Introduction
to Orientation
Leaders

Video 3:
Introduction
to CESA





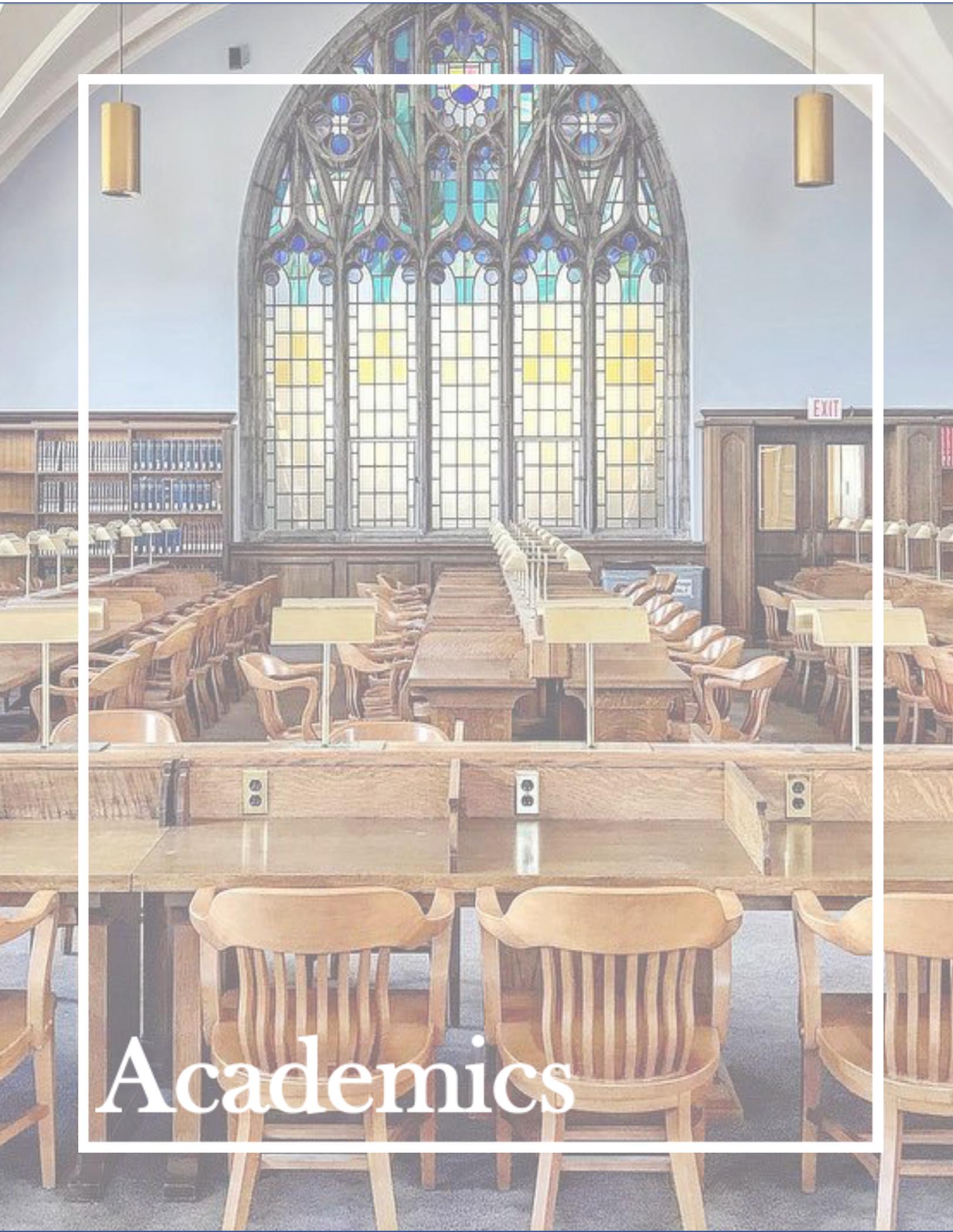
Video 4:
What to
expect in
Queen's Con
Ed?

Video 5:
Academics

Video 6:
Learn Con-
Ed Cheers

Video 7:
Queen's
Resources





Academics



Welcome from the Academic Orientation Committee

To the newest members of the Queen's community,

The Academic Orientation Committee wishes you the warmest of welcomes to Queen's! We are delighted that you have joined our dynamic learning community. Queen's values and promotes scholarly achievements and personal qualities that will set you up for success both here and beyond. We are confident that your time here will be rich and rewarding.

Your Queen's journey has a different starting point to what we had all expected. But exceptional times call for exceptional people, and those people are your orientation leaders! Queen's spirit of caring and togetherness will transcend our physical distance as your leaders bring you into our community. Orientation events will be a great opportunity to connect with fellow students, learn about our resources and become familiar with the academic environment.

Traditions are an integral part of the Queen's experience. We are proud to have been the first university in North America to offer distance education way back in 1889. Our faculty have drawn on this deep knowledge base to bring you a high-quality, interactive remote learning experience. Professors will use regular check-ins to ensure you feel engaged, and enable you to interact with your peers. Once the academic year starts, take time to reach out to your professors. Talk to your teaching assistants, and be ready to engage in all your classes and tutorials. You will get the most out of your first year when you are an active partner in the learning experience.

Adapting to university life can bring with it some challenges in any year. Queen's has some amazing resources to help you, and these are all available remotely. You'll learn more about these during orientation week. We want you to know that it's not uncommon for grades to fall in the early part of first year. While marks are an important gauge of students' engagement and understanding of the material, remember to focus on the bigger picture if you find your marks drop a little. This means developing effective study skills for the university level, connecting with the resources that are there to help you, and maintaining a growth mindset. University life is both a privilege and a responsibility. The Queen's community expects that its members will respect the rights, dignity and differences of others. We wish you every success in your journey at Queen's.

Your orientation leaders, fellow students and the wider Queen's community are with you every step of the way.

Academic Orientation Committee 2020





An Academic Adventure

1. Read everything you get in the mail, on SOLUS and through your Queen's email

Even though it may seem redundant, it is all useful information!

TIP: Keep everything you receive from Queen's in a folder and bring it with you when you come to school in September. You never know when you may need to refer to it!



2. Check out the Queen's University website!

- Go to <http://www.queensu.ca/>
- Click each tab for information about:
 - The Kingston Community
 - The Academic Calendar, Academic Support and Queen's Facilities
 - Campus Life - Residence, Health and Wellness and more!
- Click "search and sign in" in the top right corner and log in to your Queen's email, SOLUS, ONQ and even the Education portal!



3. Activate your Net ID

1. Go to <http://www.queensu.ca/its/index.html>
2. Click "NetID & Directions", followed by the heading "NetID"
3. On the left-hand menu, click on "NetID Activation"
4. Follow the link and click the blue "Activate your NetID" button

4. Browse Courses

You can find a complete course list here: <https://www.queensu.ca/artsci/undergrad-students/course-registration>

A link to all available courses can be found under the "Courses of Instruction" tab

Online courses:

https://www.queensu.ca/artsci_online/courses



5. Review of Con-Ed Program Degree Requirements

- Go to <https://educ.queensu.ca/concurrent> for an overview of the Concurrent Education program and requirements
- Under the heading “Courses”, click the “Academic Calendar” link for an overview of degree requirements. You will also find a list of requirements for each teaching subject
- If you have any questions, please contact the Concurrent Education advisor, Vicky Andrews, by email at vicky.andrews@queensu.ca or by phone at 613-533-6000

Learn about On-Campus and Online Resources 6.



- **Student Academic Success Services (SASS)**
<https://sass.queensu.ca>
- **Faculty of Arts and Science Advising Services and Resources**
<https://www.queensu.ca/artsci/>
- **Subject-Specific Academic Resource Guide**
<https://sass.queensu.ca/onlineresource/ssarg/>
- **Writing Resources**
<https://sass.queensu.ca/onlineresource/topics/#WC>
- **Adaptive Technology Centre**
<https://www.queensu.ca/atc/home>
- **Queen’s Learning Commons**
<https://library.queensu.ca/help-services/queens-learning-commons>
- **Peer Mentoring (Q Success, Bounce Back, etc)**
<https://www.queensu.ca/studentexperience/peer-mentor-program>
- **Mental Health Resources**
<https://www.queensu.ca/studentwellness/resources/mental-health-resources-supports-and-programs>



Additional Resources



STUDENT WELLNESS CENTRE

Location: Mitchell Hall
69 Union St. Kingston, ON. K7L 2N9

Contact: (613) 533-2506

Student Wellness Services supports the personal, academic, and social development of students at Queen's University by providing a range of programs and services. Our mission is to provide a welcoming, confidential, and integrated service that is responsive to the needs of students

<https://www.queensu.ca/studentwellness/home>



PEER SUPPORT CENTRE

Location: Rooms 34 and 26
John Deutsch University Centre, Queen'sU

Contact: (613) 533-6000 ext. 32737

The Peer Support Centre is a group of dedicated student volunteers who provide welcoming, confidential, and empathetic peer-based support to students at Queens University. Students are encouraged to come and speak with our volunteers who will listen and offer support for any and all issues. As well, we can suggest resources available on campus and in the Kingston community.





AMS FOOD BANK

Location: Room 343, JDUC

Contact: (613) 533-6972

The AMS Food Bank serves confidential and non-judgmental food service to members of the Queen's community. We are a non-profit organization, which aims to provide our clients with food services in the most comfortable environment possible. We operate mainly on donations as well as an opt-outable student fee from both the AMS and the Society for Graduate and Professional Students. As a non-profit organization, we aim for our funds to be put towards the upkeep of the Food Bank itself in the purchasing of fresh fruits, vegetables, milk and other items on a weekly basis.



BARB LOTAN SEXUAL VIOLENCE PREVENTION AND RESPONSE COORDINATOR

Contact: bjl7@queensu.ca

As SPVR Coordinator, Barb works closely with the Human Rights Office and other campus partners on coordinating training and education related to sexual violence, and developing the University's central sexual violence policy and other related policies on the Queen's campus. Additionally, Barb serves as a point of contact to provide information to students who have experienced sexual violence about the services and supports available both on and off campus. Barb is also able to provide students with information on reporting options including the University's non-academic misconduct system.

<https://www.queensu.ca/sexualviolencesupport/home>



QUEEN'S WALKHOME

Kiosk Location: Lower Ceilidh
of the John Deutsch University Centre

Contact: (613) 533-9255

Walkhome is a student-run safety service in Kingston, Ontario. We provide safe walks to students both on the Queen's University Campus and within the Kingston community. We are a completely anonymous and confidential service, so our staff members do not wear any clothes identifying them as a Walkhome team. We are inclusive to all students on campus, no matter your year or faculty.

<http://walkhome.ca>



FOUR DIRECTIONS INDIGENOUS CENTRE

Location: 144-146 Barrie St
Kingston, ON K7L 3J9

Contact: (613) 533-6970

This centre aims to be a home away from home for Indigenous students and a site of information and support for the broader Queen's community. Offer academic tutoring and advising, cultural programming, Indigenous focused library, and a range of workshops designed to support students academically, socially, and culturally. Four Directions and Faculty of Education both have elders-in-residence that can meet with Indigenous students.

<https://www.queensu.ca/fourdirections/home>



Course Registration Timeline

JUNE 27TH

Class Timetable on SOLUS

- The Class Timetable lists all the classes that will be offered in the Fall and Winter Terms with course times
- Not every course listed in the Arts and Science Calendar is offered every year so check the timetable!

AUGUST 3RD

View Enrolment Appointment Time on SOLUS

- This is your time to begin enrolling in classes
- Times are randomly generated according to your year level at the University
- Appointment times cannot be changed
- If you do not have access to a computer or internet connection at the time, you may call an advisor to assist you, or have a friend or family member do so

Start Loading Courses in your Course Shopping Cart

- Begin picking courses you'd like to take
- These courses will be added to your timetable once you confirm them at your enrolment appointment time
- If you click "validate", this will confirm that you meet all requirements to take that course

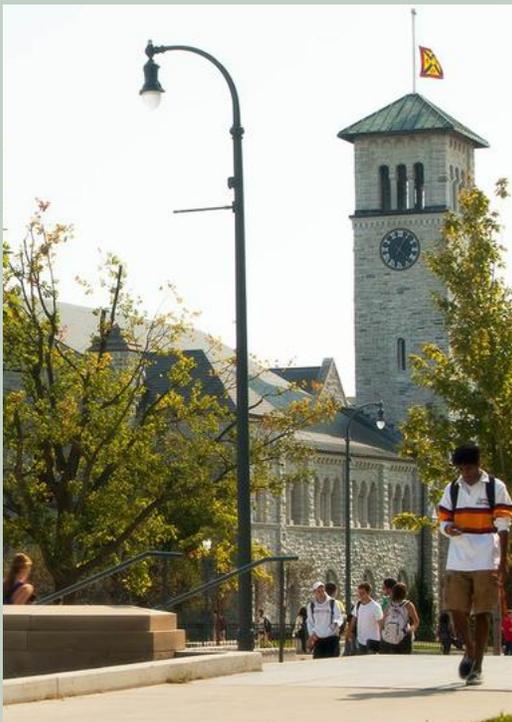
AUGUST 10TH TO 26TH

Enrol in Classes on SOLUS

- At your enrolment appointment time, go to SOLUS to finish enrolling in your classes
- You are not enrolled in your classes until you complete this step!!

All timeline information can be found at and is taken from: <https://www.queensu.ca/artsci/undergrad-students/course-registration>

Use the link above for common FAQs on all things course registration





Course Registration Checklist

- Check your Queen's email and SOLUS for your Shopping Cart Appointment, and your Enrolment Appointment.
- Put courses in your “Shopping Cart” during your Shopping Cart Appointment to facilitate registration.
- Register in your Arts and Sciences courses during the time of your enrolment appointment.
- Read “Steps to Registration” at <http://www.queensu.ca/artsci/students-at-queens/new-1st-year> for a more detailed breakdown of registration!
- Make sure to pay your tuition by September 1st (Unless instructed otherwise)!
- Get excited to start your academic adventure at Queen’s!



Additional Resources for Course Selection

Queen's Courses - Master List

https://www.queensu.ca/artsci/sites/default/files/a_courses_of_instruction_1.pdf

Timetable Tool

https://www.queensu.ca/artsci/sites/default/files/timetable_chart.pdf

If you have any other questions regarding courses, course registration, or academics at Queen’s, contact the Academics Teach, Paris Tomazic.

Paris Tomazic

academicsteach@cesa.queensu.ca



The People of Orientation

Orientation Roundtable

- Oversees Orientation for each faculty/program
- Coordinates between all the faculties; acting as chief booking, financial, logistical and approving body
 - Supports Orientation Committees
 - Provides a strong voice for Orientation
- Ensures the Orientation Transition at Queen's meets the high standards set by everyone involved

Teach Exec

- Oversees the planning and running of Con-Ed specific Orientation events and activities
- Ensures that Con-Ed Orientation is inclusive, welcoming and accessible for all incoming students
- Responsible for organization of both academic and social events
 - Responsible for hiring all leaders, or "Teaches" for Con-Ed Orientation Week

Teaches

- Lead orientation groups of incoming students and serve as mentors, leaders and guides during the transition to university
- Responsible for helping to plan a variety of online events
 - Complete training to ensure that Con-Ed Orientation is a safe, inclusive, and positive space for all incoming students



CHEERS!

Con-Ed Represent

Call Con-Ed Represent!

Answer: What?

Call: Con-Ed Represent!

Answer: What?

Call: I said who got game?!

Answer: I said we got game!

Call: I said who got game?!

Answer: I said we got game!

All: I said how do you like your peanut butter?

Smoooooooooooooth!

You Know!

We teach, we're big and loud Con-Ed's
what it's all about! We got the spirit
come on Frosh YOU KNOW!

(Repeat 3 times)

Thunderation

Thunder, Thunderation We're the Con-Ed,
delegation When we work with,
determination We create a big sensation!

(Repeat

while gradually getting louder x5)

From A to A

From A to A, from zed to zee, why you all be
sweating me? We're big and bad as you can
see , we're Con-Eddies, so don't mess with
me! Hands up high , feet down low, this is
how our cheer

goes ! It goes 1... 2... 1,2,3,4

We rock the house I

said, we rock the house, I said we rock the
house I

said all the way down! We rock the house I

said , we rock the house I said , we rock the
house I

said , Con-Ed style!

We Got Frosh!

We got Frosh! Yeah, yeah we got Frosh! Yeah,
yeah we got hot frosh omigosh!

Cheer cheer cheer

cheer cheer cheer cheer! We got Teaches! Yeah,
yeah we got Teaches! Yeah,
yeah we got fine Teaches, sweet as peaches! Cheer
cheer cheer cheer cheer

cheer! We got Exec, Yeah yeah we got Exec. Yeah,
yeah we got Lex Liam Jina Paris and Al !

Cheer cheer cheer cheer cheer cheer

cheer! We got PROF yeah yeah we got PROF yeah
yeah we got PROF on west cause west is best
Cheer cheer cheer cheer cheer cheer cheer!

I'm A Proud Con-Eddie

I'm a proud Con-Eddie, can't you see if you don't
like my apples, don't shake my

tree, I'm a proud Con-Eddie, that's fine with me,

'Cuz I'mma shimmy-shake my way

into history Heyyy! Ohhh! Hey! Oohhh! We are 10

to 1 We have just begun Education

rocks the nation Con-Ed Huh!

Con-Ed Family

C-O-N-E-D

Welcome to our family

(Repeat

3 times)

Con-Ed Anthem

(To the tune of the American National Anthem)

Oh, say can you see, I'm a

proud Con-Eddie If your answer is no you're
not looking at me We're tall smart, good looking

We work hard all year

It's better in B.Ed

And this is our cheer: 2...3...4 We all applied to
Con-Ed because it's better in B.Ed

Now we get summers instead, Woo hoo! Woo

hoo That's why we're cool, we're cool for

school That's why we're cool, we're cool for

school STAFF COOKIES!

Icky Icky Icky

Call: Icky Icky Icky!
Answer: Oy! Oy! Oy!
Call: Icky Icky Icky!
Answer: Oy! Oy! Oy!
Call: Ooh alay alay!
Answer: Ooh alay alay!
Call: Olay a ticki tonga!
Answer: Olay a ticki tonga!
Call: A wasa wasa wasa!
Answer: A wasa wasa wasa!
Call: Ooh alay alay a wa!
Answer: Ooh alay alay a wa!
Call: A teachie weachi weachi!
Answer: A teachie weachi weachi!
Call: A froshie woshi woshi!
Answer: A froshie woshi woshi!
Call: A teachie weachi weachi!
Answer: A teachie weachi weachi!
Call: A froshie woshi woshi!
Answer: A froshie woshi woshi!
We're gonna getcha!
Wish I never metcha!
Momma can't protectcha
CON-ED HUH!

Con-Ed Love

Call: If you love Con-Ed!
Answer: If you love Con-Ed! Call:
Clap your hands!
Answer: Clap your hands!
(clapping) Chorus: Nah- Nah-nah-nah nah Nah-nah-nah nah
Nah-nah nah Nah-nah nah Nah-nah-nah nah Ooh Ah! Con-Ed Huh!
Call: If you love Con-Ed!
Answer: If you love Con-ed!
Call: Stomp your feet!
Answer: Stomp your feet!
(Stomping) Repeat chorus
Call: If you love Con-Ed!
Answer: If you love Con-ed!
Call: Shake and shimmy
Answer: Shake and shimmy
Repeat chorus
Call: If you love Con-Ed!
Answer: If you love Con-ed!
Call: Shake and shimmy slow
Answer: Shake and shimmy slooow!
Repeat chorus
Call: If you love Con-Ed!
Answer: If you love Con-ed!
Call: Do all three!
Answer: Do all three! (Do all three)
Repeat chorus

You Know What We Got

Call: We are the Teaches and you know what we got?
Answer: What do we got?
Call: We got froshies that are hotter than hot
Answer: uh-huh, uh-huh!
Call: Teachin' cheerin', and lots of fun too!
Answer: uh-huh, uh-huh!
We're gonna teach the whoopsies out of you.
Teaches: They think they're bad!
Frosh: Correction! We know that we're bad.
Teaches: They think they're bad.
Frosh: Correction! We know that we're bad.
Jump, shake and shimmy!
Jump jump, we're ConEddies!
Jump, shake and shimmy!
Jump jump, we're ConEddies!





Check Us Out!

Call: Hey Con-Ed!
 Answer: Hey what?!
 Call: Hey Con-Ed!
 Answer: Hey what?!
 Call: I said
 Answer: CON-ED!
 Call: Watchu talking bout?
 Answer: CON-ED!
 Call: That's what I'm talking bout!
 Answer: CON-ED!
 Why don't you check us out! Hey you!
 CHECK US OUT! Hey you! CHECK US
 OUT! Don't
 mess with the best cause the best from
 west Don't fool with the cool Cause you
 might get schooled Hey you! CHECK US
 OUT! Hey you CHECK US OUT!



The Oil Thigh

(You'll sing this on homecoming!)
 (The tune of The Battle Hymn of the
 Republic)

CHORUS:

Oilthigh na Banrighinn a' Bhanrighinn gu
 bràth! (Pronounced as: Oil thigh na ban
 ree gin na ban re gin gu bra) Oilthigh na
 Banrighinn a' Bhanrighinn gu bràth!
 Oilthigh na Banrighinn a' Bhanrighinn gu
 bràth!

(Pronounced Kay Yah!)

Cha ghèill! Cha ghèill! Cha ghèill!

VERSE:

SING Queen's College colours we are
 wearing once again, Soiled as they are by
 the battle and the rain, Yet another
 victory to wipe away the stain! So, Gaels,
 go in and win!

CHORUS:

SING Oilthigh na Banrighinn a'
 Bhanrighinn gu bràth! Oilthigh na
 Banrighinn a' Bhanrighinn gu bràth!
 Oilthigh na Banrighinn a' Bhanrighinn gu
 bràth! Cha ghèill! Cha ghèill! Cha ghèill!

CHEER

Oilthigh na Banrighinn
 Cha ghèill! Cha ghèill! Cha ghèill!
 Oilthigh na Banrighinn
 Cha ghèill! Cha ghèill! Cha ghèill!
 Go
 Queen's!

GROUP CHEERS

ALPHA

We're Alpha dogs we dominate,
Other frosh groups better 'preciate,
Don't be mad, don't be a hata,
Cause we all know we're better than Beta.

BETA

Whoa back up, we are the mastas,
We hit you like a natural disaster,
We are the best, we rock the top,
Unlike Delta, we never stop!

DELTA

We are Delta we are the change,
We never worry about being strange,
You know us, we are hardcore,
But Epsilon is such a bore.

EPSILON

We're Epsilon, we're full of Love,
Frosh you've never seen the likes of,
To mess with us, you'd be a fool,
Just like Gamma, who's so uncool.

GAMMA

Watch out for gamma and our deadly rays,
You'd be shocked by our crazy ways,
We're loud and hot and super proud,
Unlike Iota, we own the crowd.

IOTA

Harsh back up, that ain't fair,
We are I-O, and we're here to share,
We've got the hottest frosh there ever was,
And we shake more booty than Kappa does.

KAPPA

Watch your backs, we are the Kapps
We are so dope we own this rap
When we come 'round, better take cover
Trust Lambda to run to their mothers

LAMBDA

We are one, We are all,
We have our own Lambda call,
C'mon Omega you know it's true,
We say "Baah" that's how we do!

OMEGA

Sure you other frosh groups think you're fine,
But whatcha gonna do when its breakfast time,
Just call on us, we are number one,
Watch out Phi, we are way more fun!

PHI

Sure you other groups are fly,
But you can't mess with frosh group Phi,
We know we rock, we know what's up
Come on Sigma, can you keep up?

SIGMA

We are Sigma, we'll take you out
We love to dance, and scream, and shout
And when we rock, we steal the show
Unlike Xi, who has no flow

XI

We are Xi, hear our cry
We're gonna leave you tongue tied
We're on the rise, so don't cross us
Look to Nu to make a fuss

NU

We are Nu and its best that you know
We're gonna change the status quo
We set the trends, we own this place
Unlike Rho who's got no grace

RHO

Rho rho rho... nah! Step back!
Don't mess with us, we're on the attack!
Cool story bro, we wrote the book
Omicron- hit the study nook!

OMICRON

We are the Cron, let's spit some game
This right here's our claim to fame!
Best listen up cause we speak da truth,
Unlike Pi, we've got the proof!

PI

3.14159!
We're so chill we never whine!
No other group compares
Pi, come on Tau, at least try!

TAU

Let's toss it up, let's speak some truth!
Tau knows y'all are long in the tooth!
We are the freshest, it's plain to see!
Ancient? That's Zeta to a tee!

ZETA

Yo snap back, we ain't that old!
Zeta's so hip, you're left in the cold!
Let's be honest, no need to boast!
Look over there, Alpha's toast!

ALL

Ok, ok we understand, all the frosh groups are pretty grand!
What sets us apart, and what puts us above? Is that we all share, con-ed love!
What do we share?
CON-ED LOVE! x3



DICTIONARY OF QUEEN'S & CON-ED

A.M.S.

The Alma Mater Society. This is the central student government for undergraduate students at Queen's from all faculties. The A.M.S. also provides wonderful services, such as on-campus pubs, the campus coffee shop, Walkhome and much more!

A.S.U.S.

The Arts and Science Undergraduate Society. Everyone in Arts and Science, Physical Education, Computing, and Con-Ed belongs to this group which organizes many spirited, social, and community events.

Blue Light

A network of lights all over campus helping to keep our school and community safe. You can hit the buttons on the blue lights if you feel unsafe for a direct connection to Queen's Security and their immediate assistance.

C.E.S.A.

The best faculty society at Queen's! This is the Concurrent Education Students' Association and you are all now a part of it!

Cha Gheill

Pronounced "kay-yah". A Scottish war cry meaning "Never will yield". Golden Gaels. The name of Queen's varsity teams and athletes. Go Gaels!

Golden Words

A humorous newspaper distributed on Wednesdays by the Engineering Society to entertain Queen's students during those 8:30 lectures!

J.D.U.C.

The John Deutsch University Centre. This is a central student centre where you can get food (like Tim Horton's and Quizno's and a Queen's favourite: The Brew!), stamps, photocopies, snacks, Queen's gear or just sit and chat. It also houses campus clubs, pubs, organizations, the A.M.S. office and the wonderful C.E.S.A. office!

Oil Thigh

The school song you will grow to learn and love. Soon you'll be singing it in your sleep.

Teaches

Your Con-Ed Orientation leaders!

Teach Exec

The DRAmATiC people planning Con-Ed Orientation Week!

The Journal

The campus newspaper.

The A.R.C.

The Athletics & Recreation Centre. It has weight rooms, a pool, dance classes, aerobic classes, yoga, squash courts, outdoor tennis courts, and much more!

Tricolour

The colours of Queen's are red, yellow and blue. This word has grown to represent Queen's and its spirit. Tricolour also refers to the bus that leaves from campus once a week, providing students with a convenient (and inexpensive!) way to get home.





The Concurrent Education Student Association

Founded in 1985, the Concurrent Education Students' Association (CESA) represents over 900 students enrolled in the Concurrent Education program at Queen's University. Providing a united voice for students in this unique program to all external bodies, as well as facilitating a sense of community remain the main focuses of the Association.



Check out CESA online!

Website: www.queenscesa.com

Facebook: Queen's Concurrent Education Students' Association

Instagram: @queenscesa

Twitter: @queenscesa



Queen's Conference on Education

Queen's Conference on Education (QCE) is the largest annual student-run conference at Queen's and offers future educators an amazing learning experience that will leave them truly inspired.

This year the conference is taking place on the weekend of February 27th/28th and will include inspirational keynote speakers, captivating workshops of your choice, informative panel discussions, delicious lunches and a super fun Saturday night banquet! Stay tuned for our theme reveal and ticket sales through our Instagram:

@qconferenceeducation

*The conference will only occur in-person if health officials declare it is safe.





The Buddy Picnic

The Buddy Picnic is a Con-Ed event which is traditionally held in mid-September. Incoming students, including those returning from the Bader International Study Centre, are paired up with upper-year Con-Ed students that have similar interests and teaching goals. During this event, partnerships have the opportunity to get to know each other and bond over lunch.



Due to Covid-19, the in-person component of the Buddy Picnic will take place early in the Winter semester, providing that in person classes begin again, mentorship groups will then have the chance to meet! Throughout the Winter semester, partnerships will have the opportunity to attend different academic events, such as study groups, as well as a variety of social events. 1-on-1 in person meetings are also encouraged and will be set up by you and your partner.



Don't Forget...

- To Register for Orientation Week! See the registration portion of this handbook.
- To Register in Courses During Your Enrolment Appointment Time See www.queensu.ca/artsci for help.
- To Pay Your Tuition in full by September 1st!
If you are late with this payment, you could be prevented from adding/dropping courses during the open enrolment period! It is VERY IMPORTANT! If you are on OSAP, you are responsible for the amount that is not deferred.
- Money - please remember to send your \$20.00 Orientation Week fee by August 21st, then please bring The \$20 will cover all of the activities outlined in this handbook. Please contact Liam Carey at financialteach@cesa.queensu.ca if you have any financial aid or bursary inquiries.
- Your Spirit and Enthusiasm - Two essentials. A lot of planning has gone into this and 59 people (Teach Exec and the Teaches) are bursting with excitement for it to start. We can't wait to meet you and make this time one of the best experiences you will ever have.
- Follow us Online! Be sure to follow our social media channels as they'll be updated with exclusive content and more information for you!

Instagram: @queensconedoweek
Join our facebook page: Queen's ConEd '24

The Alma Mater Society Welcomes the Class of 2024!

3 Commissions
10 Faculty Societies
13 Student-run Services
60+ Full-time Student Staff
250+ Student Clubs
450+ Paid Student Staff
1,500+ Student Volunteers
6,000 Job Applications

18,500 Student Members (including you!)



www.myams.org/amsapply

Twitter: @QueensAMS

Instagram: queens_ams

613.533.3001

feedback@ams.queensu.ca

Welcome to Queen's!

Alma Mater Society Executive



Jared den Otter
President

Congratulations, class of 2024! You have made it! Queen's University is known for its unparalleled school spirit. Orientation Week at Queen's will introduce you to some of your closest friends and foster some of your favourite memories of your time here. There are such fun and unique traditions that have passed down from year to year. I encourage you to take part this September and make the most of it. Although you are navigating something no incoming class has seen before, I can promise you one thing. Your Queen's Experience will be something that you remember for a lifetime. The AMS will always be around to help you succeed during your time at Queen's. Welcome home!



Alexia Henriques
*Vice President of
University Affairs*

Orientation Week at Queen's is unlike any other University. We are all so thankful to be able to welcome you to our community and are so excited to introduce you to all of the incredible opportunities and experiences that our school has to offer. My first year at Queen's was a whirlwind, as I am sure yours will be too. As a member of the Class of 2024, you are now a part of a family of students that are going through the most challenging and unique transition ever. While your start at Queen's might look somewhat different than you were expecting, the uniqueness and spirit that sets us apart will remain unchanged. Your experience here will be shaped by your willingness to get involved and discover all of the resources and services that are offered by your peers, so I challenge you to explore all that Queen's has to offer. Welcome home, Class of 2024!



Alexandra Samoyloff
*Vice President of
Operations*

Regardless of the faculty you are in, Orientation Week at Queen's will connect you to so many people going through the same experiences that you are. I wish you luck and welcome you warmly to the Queen's community. This week will make you aware about all the possible avenues of student involvement you can take during your undergrad. Your experience will be shaped by your involvement and I strongly encourage you to figure out where your passions are and pursue them. Although this time is difficult to navigate, remember that the AMS and Queen's will provide you with many opportunities and supports during your time here. Cha gheill!

Mission Statement:
***To serve and represent
the diversity of students
at Queen's University.***



Welcome to Queen's!



Welcome Class of 2024!

Three summers ago, I received my Orientation Week handbook in the mail. I was nervous, excited, and unsure of what this experience would bring. What should I pack? What is a tam? What does Cha Gheill even mean? As I read my handbook from front to back to answer these questions, researched residences and cafeterias, and stocked up on all things tri-colour (Queen's school colours – red, yellow, and blue!), I began to realize I wasn't just going to school – I was joining a new community and a new family.

Although COVID-19 has impacted our traditional Orientation we hope to have created an orientation period that gives students from all different backgrounds a place to grow and become comfortable in their new University, in a safe and supportive environment. University can seem overwhelming at first, but always remember that everyone at Queen's wants to see you succeed - you can do anything you dream of and more! We are a community of over 30,000 students and staff, so no matter what challenges you may face in your time here, you will never be alone.

Moving away from home (whether it be for the first time or not) can be a scary and nerve-racking experience – and all of these emotions are totally okay! Missing your family, friends, and home can be tough – but Orientation Week is here to welcome you home. As a completely student run week, over 1,200 upper year students have been working incredibly hard over this past year to welcome you – yes, YOU!

On a final note, you may be wondering, "What the HECK is the Orientation Roundtable?" That's a great question! We are a team of five students who make up the core logistical body of Orientation Week. We have been working alongside the nine Orientation Committees here at Queen's, to help ensure that everything is all ready for you this fall. The TEN Orientation Committees include the Arts and Science, Commerce, Computer Science, Concurrent Education, Engineering, Nursing, Health Sciences, Kinesiology, NEWTS (New Exchange Worldly Transfer Students), and FYNIRS (First Years Not In Residence Students) Orientation Weeks. The five of us will be online throughout the week – feel free to send a message and say hello, we would LOVE to e-meet you!

That's all for now – we cannot wait to meet you in September, but for now relax, enjoy your summer and get ready for Queen's Orientation Week 2020!

For more information, be sure to check out our Orientation Website at: <http://queensu.ca/orientation>. As well, for updates throughout the summer, like us on Facebook at: Queen's Orientation Roundtable and Instagram: @queensu.ort

Mitchell Sanders (he/him)

Orientation Roundtable Coordinator

Mackenzie Pierce (she/her/hers)

Systems and Support Director

Julian Mattachione (he/him/)

Concert Director

Darcey Pearson (she/her)

Leadership Development Director

Leigh Wells (she/her)

Logistics Director

Welcome to Queen's!



Welcome to Queen's

As your Principal, I want to take this opportunity to welcome you to Queen's University. Queen's will be your home for the next several years and I hope you will embrace it and cherish it for all it has to offer. You have chosen to be a part of a vibrant community that will provide you with many opportunities to challenge yourselves while you learn and grow as students and as individuals. Your hard work has brought you here, and that drive and ambition will continue to serve you well as you begin this next chapter of your life.

I realize that your Queen's experience is beginning differently from what you might have expected. Many of you will not yet be on campus. But rest assured that day will come, and in the meantime we are doing all we can to provide you with the Queen's experience even if you are not in Kingston. We are committed to giving you a warm welcome as you embark upon your journey at Queen's and we encourage you to take advantage of all the creative ways our students, staff and faculty will be helping you foster connections and equip yourself with the information and tools you need to achieve success.

This may be an unconventional beginning, but the circumstances are temporary and there will be plenty of time for you to experience life on campus. Do not let these limitations stand in the way of your creativity or curiosity and be open to the possibility of making meaningful connections even if they must begin remotely. While we may meet each other virtually, I am confident that our relationships will be made only stronger by the unique circumstances in which they arise, and in time will grow as physical restrictions on gatherings are relaxed.

If I can offer some advice over the coming weeks, it is to be patient with yourself as you adjust to your new life as a university student. This is a significant transition and it is natural during this time to feel a bit untethered, especially right now when there is still so much uncertainty in the world. Let Queen's and our community help you find your way. You are not alone as there are other students learning alongside you who are likely experiencing similar highs and lows. Your peers are a great resource and there are other sources of help available through different services should you ever need emotional or academic support. We want you to succeed and achieve your dreams—and it all begins now.

I wish you all the best as you begin your journey here at Queen's and I look forward to the day when I can see all of you back on campus.

Stay safe. Stay well.

A handwritten signature in cursive script that reads "Patrick Deane". The ink is dark and the signature is written in a fluid, personal style.

Patrick Deane
Principal and Vice-Chancellor

Welcome to Queen's!

Dear Students,

On behalf of the City of Kingston I'm thrilled to welcome you to our community! Congratulations on selecting Queen's for your post-secondary education and Kingston as your new home.

As you begin this new chapter, I hope you take time to familiarize yourself with your new city. You will learn that Kingston is a wonderful place to live and home to the region's best cultural attractions: our beautiful waterfront, museums, galleries and historic sites. Take time to discover a favorite exhibit in one of our museums, take a stroll and explore our charming shops, and find a favorite meal in one of our many esteemed restaurants.

Please know my door is always open and I would love to hear from you. Connect with me on Twitter or Instagram @MayorPaterson, by e-mail at mayor@cityofkingston.ca and be sure to check out my website at www.MayorPaterson.com for city updates.

Wishing you a great orientation week!

Sincerely,



Bryan Paterson
Mayor of Kingston



CityofKingston.ca

 TheCityOfKingston

 @CityofKingston

Welcome to Queen's!



Dear Class of 2024,

It is with overwhelming joy that I welcome you to Queen's University! On behalf of everyone both remote and close to campus I would like to offer you a most heartfelt congratulations and warmest welcome. I cannot wait to see and hear of all the wonderful things you accomplish as we navigate this difficult time as students and as an institution.

As many of you are well aware, Queen's University is one of the oldest Canadian institutions for post-secondary education; going beyond confederation and colonization of Canada itself. With more than 175 years worth of history and traditions to its name, this is a university with context that defines our student experience in a way that is entirely unique. The events of Orientation week are ones that traditionally introduce you to our lovely campus, facilities, and resources to help you succeed through your time here. While it may look a little different or feel strange at times, remember to slow down and take it all in. Be open to new people and opportunities. Indulge in the wisdom and guidance of your peers and student leaders, take pride in The Queen's Oil Thigh, and take the time to learn why we love Queen's.

Queen's University has always been marked by or incredible "student experience," and it looks different to everyone who joins our family. There is no other school in Canada, and perhaps North America, where students are provided with as many opportunities both inside and outside of the classroom. We hold a lot of value in our actions and how they serve both the Queen's and greater Kingston community.

As Rector, I am the third highest officer of the University and an equal to the Chancellor, Principal, and Vice-Principals. As a student holding the position, I represent a unique opportunity to represent students and guide them on decisions and policies of the administration. Whenever it is possible, I encourage you to get involved in what you are passionate about, and work to create an inclusive campus for all people. We are an institution where diversity makes us stronger, and the support of our family makes us better and stronger. It is a privilege to attend Queen's and I hope you make the most of every minute you spend here.

I am here in my position to represent and support all Queen's students. The Rector serves on the Board of Trustees, sits on AMS and SGPS assemblies, and is an observer of the University Senate. In addition, the Rector sits on various planning and advisory committees on campus. The Rector also serves some ceremonial duties by speaking at Convocation ceremonies, and conferring the Agnes Benedickson Tricolour Award on an annual basis. Lastly and certainly not least, I am here to support you. If you are struggling with anything and don't know where to turn – my virtual door is always open. Nothing I might be working on is more important than making time for students. Connect with me at my email rector@queensu.ca or on social media @queensurector.

Princeps Servusque Es (Be a Leader and a Servant)
Sam Hiemstra (37th Rector of Queen's University)

Welcome to Queen's!

Welcome to Queen's!

Senate Orientation Activities Review Board (SOARB)

Welcome to Queen's Orientation Week 2020! We hope you enjoy your first week here in Kingston and invite you to take advantage of the many opportunities Orientation Week provides. During the Week, you can learn about the many resources, services, and extracurricular activities offered, meet new people, and have fun!

Remember that this week is organized with every intention of making you feel safe and settled here at the University. We want you to get excited about calling Queen's "home"!



The Senate Orientation Activities Review Board (SOARB) is a Queen's Senate committee that exists to ensure your first week here is a good one. Our Board is comprised of students, faculty, staff, and alumni from the Queen's community, and together we're responsible for setting the general policies for Orientation Week. The Orientation Roundtable (ORT) and Faculty Societies are responsible for executing these policies. We'll be attending activities throughout the week to observe events and then will report our observations and make policy recommendations to the University Senate.

If you have any concerns or comments about Orientation Week 2020, you can reach us through the secretary of the committee, Joan Jones. Her office is located in the John Deutsch University Centre (JDUC), room 135. She can also be reached by phone at 613-533-6745, or by email at jj7@queensu.ca.

Have a great week!
Cha Gheill!

The goals of Queen's Orientation Week are:

- To make all new students feel welcome;
- To facilitate a smooth transition to university;
- To build a strong and inclusive community of students;
- To make new students comfortable in their academic, social, and environmental contexts;
- To provide a solid foundation for a successful university experience.

The broad approaches we take in order to achieve these goals are:

- Foster a climate that:
 - is positive, respectful, inclusive and discrimination-free;
 - prepares students for academic and intellectual pursuits;
 - promotes individual and community health, wellness and safety.
- Familiarize students with:
 - personal support services and social opportunities;
 - expectations for non-academic conduct;
 - the academic culture, expectations and resources.
- Facilitate:
 - the development of social networks and interpersonal relationships;
 - student engagement with faculty members;
 - student utilization of personal and academic resources.

In achieving these goals and taking these approaches, the utmost respect for the individual and the community will be shown.

Welcome to Queen's!

UNIVERSITY ORIENTATION

August 24 - September 4

2020

Cha Gheill! WELCOME TO QUEEN'S!



To kick off the school year, the Student Experience Office hosts University Orientation - open and free to all incoming students! University Orientation provides an opportunity to participate in many programs to acquaint yourself with all the supports and resources at Queen's University!

WHAT TO EXPECT

University Orientation will take place over 2 weeks delivered through OnQ, and is made up of 4 modules designed to make you feel welcome, and prepared for the year ahead!

During University Orientation, you will have the opportunity to explore what Queen's has to offer and participate in events with the entire incoming class. You will:

- Learn about the resources and clubs available at Queen's and how to access them
- Engage with interactive content that will help you feel a sense of belonging and school spirit
- Learn how to prioritize wellness in an online learning environment
- Participate in class-wide events



IMPORTANT DATES

Mark sure to check the University Orientation OnQ course for these live events and module launches!

- Aug 24** – University Orientation Launches & Welcome Event
- Aug 25** – Module 1 launches & Academic Webinar
- Aug 28** – Module 2 launches & EDII Open House
- Sept 1** – Module 3 launches & Wellness Webinar
- Sept 4** – Module 4 launches & Fall Orientation ends!

FIRST YEARS

NOT IN RESIDENCE (FYNIR)

Are you living in Kingston or the surrounding area during first year, but not in Residence? Join the FYNIR community!

They will be hosting events just for you during Orientation including a welcome event, FYNIRS Olympics and a closing event.

For more information: www.queensu.ca/orientation/FYNIR

Get more information:

www.queensu.ca/orientation



@queens_seo

UNIVERSITY ORIENTATION

August 24 - September 4

2020

Four Directions Indigenous Student Centre (FDISC)



To help start a new adventure and academic career at Queen's University, the Four Directions Indigenous Student Centre (FDISC), offers a Welcome Day for Indigenous Students on **August 27th, 2020 at 1:00 pm**. This event this year will strictly be online, and the registration will be emailed to Indigenous students. Welcome day allows incoming first year and transfer Indigenous students to:

- Meet one another
- Learn about 4D and our services
- Have a chance to meet faculty specific supports and more!

For more information on Welcome Day for Indigenous Students and how to register please visit the Four Directions Indigenous Student Centre website under Welcome Day or email us at 4direct@queensu.ca.

Queen's University International Centre (QUIC)

Are you an International Student?

Access online orientation webinars, Q&A sessions with advisors, and arrival information through SOAR at <https://www.queensu.ca/nextsteps/soar>.

To learn more about arrival information and international topics' dates, access and other details visit the QUIC website at <https://quic.queensu.ca/arrival/orientation/>.



AMS COMMISSIONS

The core components of the AMS are the three Commissions that advocate on behalf of Queen's students to the University, the City of Kingston, and to the provincial government on student issues. There are a wide range of work and volunteer opportunities available within each of the Commissions. Visit myams.org to learn more!



The Campus Affairs Commissions (CAC) strives for the betterment of student life through social, inclusive, and entertaining extracurricular activities. They run events and conferences each year that enrich the Queen's experience for undergraduates in unique and memorable ways. Contact the Commissioner of Campus Activities, Charlotte Galvani, at cac@ams.queensu.ca.

The Commission of External Advocacy (CEA) advocates on behalf of students on the Municipal, Provincial, and Federal levels. In this pursuit, the Commission lobbies and advocates internally within the university administration while also lobbying externally to raise awareness about government policies regarding post-secondary education, as well as municipal issues pertaining to student life. Contact the Commissioner of External Advocacy, Matthew Mellon, at cea@ams.queensu.ca



The Social Issues Commission (SIC) aims to speak to issues of equity while engaging with oppression at Queen's. They seek to provide students with resources and education as well as offer an open, safe space for those who face oppression and their allies. By fostering close ties with various groups and the Queen's administration as well as facilitating student learning about oppression, we aim to eliminate marginalization on campus. Contact the Commissioner of Social Issues, Angela Sahi, at sic@ams.queensu.ca.



AMS OFFICES

The five AMS Offices support the activities of all students presently involved with the AMS as well as those looking to get involved. They also work toward strengthening the organizational and reputational standing of student leadership. Check out myams.org to see the opportunities in each Office.

The Alumni and Sponsorship Office (ADO) is responsible for ensuring that the AMS has a cohesive strategy for fundraising, sponsorship, and meaningful engagement with alumni. This Office works to build and maintain relationships with donors, sponsors, and the alumni community, and works closely with the Queen's Office of Advancement on these goals. The ADO supports the functions of the AMS by securing financial contributions and mentorship opportunities that will enhance the programming and services provided by the Society. Contact the Director of Alumni and Sponsorship, Emma Solecki, at advancement@ams.queensu.ca



The Human Resources (HR) Office is here to make sure that your experience within the AMS is rewarding, productive and welcoming. Whether you volunteer on a committee, work as an AMS intern, or are employed by one of the many AMS services, the HR Office is your resource. Don't know where to start? We can help with that too because recruitment is one of the primary roles of the HR Office. Contact the Director of HR, Eve Garrison, at hr@ams.queensu.ca

The Information Technology (IT) Office works to provide and maintain the IT infrastructure on which the AMS depends. The IT Office operates internally on both the government and corporate sides of the AMS to ensure the continued support and maintenance of all IT equipment and services. The IT Office works to develop applications, databases, and websites for the various AMS Services. Working as a part-time student staff member in the IT Office is a great way to develop your passion for Information Technology. Contact the Director of IT, Nathaniel Gerchikov, at ito@ams.queensu.ca



The Marketing & Communications Offices serve as the public relations channel for the AMS and facilitates the two-way flow of information between the AMS and students. They accomplish this by conducting marketing research to gauge the opinions of the Queen's student body while monitoring the AMS's media relations with both local and national media. They also responsible for the supervision and creation of AMS publications, web content, and interacting with students and the city through social media. Contact the Director of Marketing, Cassandra Greenhalgh at marketing@ams.queensu.ca or the Director of Communications, Patrice Oliveira, at communications@ams.queensu.ca

STUDENT SPECIAL



ONLY AVAILABLE AT OSMOW'S KINGSTON - LOCATED AT 454 GARDINERS ROAD UNIT 208 IN THE RED-ORANGE CENTRE
CANNOT COMBINE WITH OTHER OFFERS

PHASE 2

WELCOMES THE CLASS OF 2024



Visit us in store at 353 Princess@Barrie, Downtown Kingston, or our new online store at www.phase2kingston.com for all of your Queen's University wear.



Enjoy smart student banking

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Offer ends October 30, 2020. Conditions apply.

Talk to us today or visit cibc.com/smart-student

* Offer begins on February 29, 2020 at 12:01 a.m. (ET) and ends on October 30, 2020 at 11:59 p.m. (ET). Offer only open to Canadian residents who are not holders or joint holders of a CIBC checking account. To qualify, open a CIBC Smart™ Account with Smart for Students and provide your email address. Within two (2) months, you must: (i) register for and sign on to CIBC Online Banking or CIBC Mobile Banking; and (ii) complete at least three (3) eligible Visa Debit purchases from the CIBC Smart Account for students. Offer cannot be combined with any other offer, reward or rebate, unless otherwise indicated. The cash reward will be deposited into your account five (5) months after you have completed the required transactions. Other conditions apply. To receive student account benefits, just show us your current student card and a copy of documentation verifying your enrolment in a full-time post-secondary program (college, university or CEGEP). These benefits are in effect for up to a maximum of 4 years from your program enrolment date (based on expected graduation date or length of the program, plus six additional months after graduation). After this, you must re-apply with proof of continued enrolment. The CIBC Logo is a trademark of CIBC. All other trademarks are owned by CIBC.

Welcome to Queen's!



The Clubs Office is comprised of over 275 unique organizations, ranging from cultural groups to health outreach initiatives, among others. For many students, one of the most important experiences outside of the classroom is participating in clubs on campus. The Clubs Office works to provide resources and support to AMS affiliated groups through financial means (grants, bursaries, fundraising, etc.), providing club space, insurance, and resources for event planning and marketing. There are also various workshops held throughout the year, along with the annual Tricolour Open House which allow clubs to showcase their organization to the entire student body.

The Director of Clubs is responsible for the day to day operations of the office which includes connecting with club members, students, and stakeholders (on and off campus) as well as overseeing the Deputy Director of Clubs, the HR Coordinator and the Marketing Coordinator. Additionally, they act as the main liaison between the AMS and the clubs community with regular office hours 10-12 and 1-3 Monday to Friday. A complete list of clubs and organizations can be found on the AMS website with other useful club information. Feel free to contact the Director of Clubs, Olivia Stanton, at clubs.manager@ams.queensu.ca with any questions about this fun and exciting office.



ALMA MATER SOCIETY

SECRETARIAT

The Office of Internal Affairs is responsible for ensuring that internal functions of the AMS are running smoothly. This includes elections and referendum, AMS Assembly (the AMS legislative body), AMS Board of Directors, the judicial branches, and keeping policy up to date. The office is managed by the Secretary of Internal Affairs and works to provide students with open access to the electoral processes and assembly. Contact the Secretary of Internal Affairs, Caroline Hart, at secretariat@ams.queensu.ca

AMS SERVICES

All AMS services are entirely student-run. We have thousands of student employees and volunteers who work hard to bring on-campus resources to those who need them, whether that's a cup of coffee at Common Ground, weekly campus news from the Queen's Journal, or academic support from the Academic Grievance Centre. Want to be a part of an AMS service? Check out www.myAMS.org for information about which services will be hiring this fall!



The **Common Ground Coffeehouse (CoGro)** is a student run coffeehouse found at the heart of the Queen's Campus in the Athletics & Recreation Centre. They offer a large variety of espresso based drinks, iced drinks, bagels, delicious sandwiches, and local baked goods. The CoGro lounge space can be used for studying, hanging out with friends, grabbing lunch, or can even be booked for events! And be sure to drop by The Brew, Common Ground's second location in the Upper JDUC (by Tricolour Outlet) to pick up a coffee, tea, or baked good on your way to class!

Located on the lower level of the JDUC, the **Printing & Copy Centre** offers a wide variety of products and services to suit all of your printing needs. Offering black & white and colour printing, scanning, business cards, booklets, conference cards and handouts, binding, poster printing and more, if you ask a P&CC staff they'll tell you that, "Yeah, we do that!". The staff at the P&CC work hard to help you complete your publishing projects efficiently, effectively, and affordably – all while in a fun and welcoming environment. We can't wait to help bring your projects to life during your time at Queen's!



Walkhome is a student-run service that provides all members of the Queen's Community with a safe and comfortable way to travel Kingston at night. It is a completely anonymous and confidential service, so our staff members do not wear any clothes identifying them as a Walkhome team. Whether you feel unsafe or just want company on your night walk please call (613) 533-WALK or visit the kiosk in the lower ceiling of the JDUC.

Since 1977, the Queen's Pub (QP) has been a tradition here at Queen's University. The relaxed atmosphere and great tunes will always keep you coming back. Come try the delicious menu with vegan and vegetarian options, a multitude of beers, fine wines, and cocktails. Whether you're using the Pub to meet a study group or watch sports on the HD flat screen TVs, QP staff will always make your visit the best it can be. Come in and get acquainted with the only pub you'll ever need. Cheers! The **AMS Pub Services (TAPS)** constitutes the only student-run bars in Canada, including the Queen's Pub (QP) and The Underground Nightclub. You can reach them at (613) 533-2740 or taps@ams.queensu.ca





The **Housing Resource Centre (HRC)** is a confidential space where students can talk freely about their concerns with any current or potential housing situation. The HRC also offers tips on finding housemates and house hunting. You can visit them in room 040 of the JDUC or email hrc@ams.queensu.ca.

The **Peer Support Centre (PSC)** is comprised of 100+ dedicated staff and volunteers. The PSC provides all undergraduate students with confidential, empathetic, peer-to-peer support, including resource referrals and practical guidance. Students are welcome to come in to talk about homesickness, personal grievances, mental health, instances of oppression and/or discrimination, sexual violence, academic challenges, and more! 'No problem is too big or too small, we care about them all!' Visit the PSC in JDUC rooms 34 & 26 or contact Head Manager Peter Mondolia at peersupport@ams.queensu.ca



TRICOLOUR OUTLET

Tricolour Outlet is your one-stop shop that serves students, alumni, and the Queen's community. They provide high-quality options for Queen's clothing and merchandise, a means for students to save money on used textbooks, inexpensive school supplies, event tickets, and a safe and convenient bus service. Come visit them on the upper ceiling of the JDUC or check out their website: www.tricolouroutlet.ca

Versed in years of tradition since opening its doors in 1976, the **Underground** has served generations of students and alumni. Administered along with the QP by **The AMS Pub Services (TAPS)**, the Underground is the only student-operated club in the country and offers a level of acceptance and warmth that is unparalleled in the Kingston community. It doesn't matter what faculty you are from, The Underground welcomes all students who are invested in making each night special. The Underground is available for booking to all students for club events, team socials, or even birthday parties. You can reach them at (613) 533-2740 or taps@ams.queensu.ca



Studio Q is a student-run creative agency, providing professional design, photography, video, and broadcasting services. As well, they produce the Tricolour Yearbook & Agenda and livestream the Queen's Gaels home games. Contact Studio Q at (613) 533-2738 or studioq@ams.queensu.ca

The **AMS Food Bank** provides confidential and non-judgmental food options to members of the Queen's community in the most comfortable environment possible. The Food Bank (JDUC 343) helps to ensure that Queen's students can be healthy and productive as they pursue academic achievement and alleviates poverty amongst Queen's community members. You can reach them at (613) 533-6972 or foodbank@ams.queensu.ca. Learn more at www.AMSfoodbank.com



With a staff of almost 30 students, the **Queen's Journal (QJ)** puts out issues every Friday and releases online content throughout each week at www.queensjournal.ca. They welcome all students as writers and photographers as well as letters or opinion pieces from all members of the Queen's community. Feel free to drop by the Journal House (190 University Ave.) or contact the Editor In-Chief, Rachele Huizinga at journal_editors@ams.queensu.ca or (613) 533-2800 for more information about services and opportunities.

ON-CAMPUS SERVICES



STUDENT AFFAIRS
**STUDENT ACADEMIC
SUCCESS SERVICES**

Student Academic Success Services (SASS) is your go-to for writing and learning needs at Queen's. We support students by offering individual writing and academic skills appointments, support for students with English as an additional language, workshops, events, and on-line resources. We welcome all Queen's students at all stages of program completion and all levels of ability to enhance their capacity to fulfill their learning goals and academic potential. Learn more about us on our website at sass.queensu.ca or contact us at 613-533-6315 or by email at academic.success@queensu.ca if you have any questions.

The Yellow House, Centre for Student Equity and Inclusion is dedicated to enhancing the development and wellbeing of the Queen's equity seeking community and supporting initiatives to recruit and retain racialized and equity seeking students at Queen's. The Yellow House, located at 140 Stuart Street, provides dedicated on campus space for Queen's undergraduate and graduate student clubs. For more information please contact yellowhouse@queensu.ca



STUDENT AFFAIRS
STUDENT WELLNESS SERVICES

Student Wellness Services (SWS) aims to provide a welcoming, confidential, and integrated service responsive to the needs of students. We offer a range of programs and services including medical care and mental health, accessibility, and health promotion services. Learn more about SWS on their website at <https://www.queensu.ca/studentwellness/home>.

AMS HEALTH & DENTAL PLAN

Make the most out of it

Eligible undergraduate and MBA students have access to the well-being resource: Empower Me; a confidential support service available 24/7. Complete details at www.studentcare.ca.



Questions?
Care Centre
9 am to 5 pm on weekdays
613-776-1005
www.studentcare.ca



Student Life Centre

Space • Information • Resources

The **Student Life Centre (SLC)** The Student Life Centre (SLC) is a collaboration of facilities, services, and resources dedicated to enhancing the quality of student life at Queen's. Encompassing the John Deutsch University Centre (JDUC), the Queen's Centre (QC), the Mackintosh-Corry Student Street (MC), the Grey House, the SLC provides space for societies and clubs, bookable spaces for meetings, performances, events, and public spaces for a wide range of student and community use. The SLC Information Desk is located beside the Union St. entrance of the JDUC, where friendly SLC staff can provide you with information about space bookings, equipment and locker rentals, opportunities to advertise through posters and TV screens around the SLC or booths, and conference or event set-up. In the long term, the JDUC revitalization project will create transformative new opportunities for student life and engagement.

Contact the SLC at slc@ams.queensu.ca or www.studentlifecentre.ca.



Welcome to Queen's!

Gender Neutral Bathrooms List

Abramsky Hall	114	Etherington Hall	2052	Mackintosh-Corry	B245
Abramsky Hall	115	Etherington Hall	3014	Mackintosh-Corry	D500
Abramsky Hall	217	Etherington Hall	3017	MacGillivray-Brown	103
Abramsky Hall	218	Etherington House	2	MacGillivray-Brown	164
Abramsky Hall	322	Flemming - Pollock	103	MacGillivray-Brown	203
Abramsky Hall	323	Flemming - Pollock	116	McLaughlin Hall	403
Biosciences Complex	2284	Flemming - Pollock	202	Nicol Hall	301
Biosciences Complex	2288	Flemming - Pollock	203	Nicol Hall	309
Biosciences Complex	3288	Flemming - Pollock	303	Stauffer Library	179A
Biosciences Complex	3289	Flemming - Pollock	403	Stirling Hall	135
Cancer Research Institute	395	Flemming - Pollock	502	Summerhill	011
Carruthers Hall	201	Flemming - Pollock	503	Summerhill	107
Carruthers Hall	302	Harrison - LeCaine	265	Summerhill	121
Cataraqui	214	Humphrey Hall	314	Summerhill	122
Cataraqui	215	JDUC	354	Theological Hall	103
Craine Hall	322	JDUC	356	Theological Hall	105
Duncan McArthur	B161	JDUC	075A	Theological Hall	217
Duncan McArthur	B162	JDUC	306A	Theological Hall	207
Douglas Library	689	Jeffery Hall	121	Theological Hall	208
Dupuis Hall	402	Kathleen Ryan Hall	110	Victoria Hall	027C
Dupuis Hall	300	Kathleen Ryan Hall	210	Victoria Hall	136A
Ellis Hall	137	Kathleen Ryan Hall	310	Victoria Hall	137A
Etherington Hall	2002	Kathleen Ryan Hall	410	Waldron Tower	All
Etherington Hall	2003	Louise D. Acton	28		



AMS HEALTH & DENTAL PLAN

Make the most out of it

Full-time undergraduate students and MBA students are covered by the AMS Health & Dental Plan. Complete details at www.studentcare.ca.



Questions?
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9 am to 5 pm on weekdays
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www.studentcare.ca

Welcome to Queen's!

ON-CAMPUS SERVICES

These University and community services encompass a wide range of support available to Queen's students.



The **Four Directions Aboriginal Students Centre** strives to be a home away from home for Indigenous students during their time at Queen's. Come by to take part in some of our programming, cultural counselling and academic advising services, or just to study and meet new friends.

The Four Directions Indigenous Student Centre is located at 144-146 Barrie St. We look forward to meeting you at the centre soon!

Career Services is available to assist you with everything you need to know, and do, to make your next career move a success. Wondering how to make the most of your first year, get involved, and build skills and experience? Check out our popular Major Maps (there's a specialized one for each major) to help you map out your journey at Queen's!



Learn about potential careers and future employers by visiting our website and joining us for virtual career fairs. Career Services website: careers.queensu.ca/



The **Human Rights and Equity Office** offers a variety of services including Human Rights Advisory Services (HRAS) and Sexual Violence Prevention and Response (SVPR). HRAS is a confidential service that assists individuals or groups at Queen's by providing information, advice, support, and resources as well as assistance to those who wish to pursue informal or formal routes of complaint resolution following an incident of harassment or discrimination. The HRAS also advocates for human rights practices and policies that respond to the needs of Queen's equity-seeking communities. The SVPR Office will assist any student who has been impacted by sexual violence. Students can contact the Sexual Violence Prevention & Response Coordinator, Barb Lotan, at bjl7@queensu.ca. The SVPRC can provide information about and assistance to access supports, services, academic accommodations and reporting processes. Visit online at www.queensu.ca/hreo/home & www.queensu.ca/sexualviolencesupport for more information.

Queen's Athletics & Recreation - A healthy body supports a healthy mind - over 81% of our student population is active in sports or recreational activities on campus. Join an intramural team, workout or participate in one of our many fitness and wellness offerings to keep in shape. If you're interested in competitive or high performance sport—why not try out for one of our varsity sports? At Queen's, students have a multitude of athletic activities to choose from and enjoy while taking a break from their studies. For more information visit www.gogaelsgo.com.



Queen's First Aid is on call 24 hours a day, 7 days a week during the academic school year and provides confidential, professional First Aid Response. You can request QFA to attend a situation by calling the Campus Security Emergency Report Centre at (613) 533-6111, or by activating the closest Emergency Blue Light. QFA is also available to provide First Aid Coverage at your event. For more information, visit www.queensfirstaid.com.

Welcome to Queen's!

ON-CAMPUS SERVICES



Chaplain's Office - Queen's has a University Chaplain, appointed by the University, as well as a number of Christian Chaplains who, with the University Chaplain, form the Queen's Chaplaincy Team. There is also a Muslim Chaplain in one day a week, as well as contacts with most faith groups. These chaplains are here to help students in any way they can, from deeply spiritual or personal problems to the very practical aspects of living and adjusting to University life. The Chaplains are committed to fostering a climate of respect for the variety of faith traditions at Queen's. Students are encouraged to drop by the University Chaplain's Office, room 142B in the JDUC anytime!

The **Positive Space Program** brings visibility and support to lesbian, gay, bi, trans, and queer communities at Queen's. Positive Space stickers posted at the entrance to work, living, or study areas encourage the Queen's community to celebrate the gender and sexual diversity that exists on campus and to work to overcome subtle and overt forms of heterosexism, homophobia, and transphobia. This program is a reflection of Queen's commitment to welcome and include all members of the community and to create a campus that is free of discrimination based on gender and sexual identity. Information can be found at <http://www.queensu.ca/positivespace> or posspace@queensu.ca.



Queen's
Legal Aid

Queen's Legal Aid (QLA) offers free legal services to students with certain tenancy, criminal, civil, employment and government benefits problems. Law students provide these services under the supervision of staff lawyers. QLA is located in Macdonald Hall, room 406 and can be contacted at (613) 533-2102. Alternatively, visit their website at <http://law.queensu.ca/students/legalAid.html>.

Queen's University International Centre (QUIC) supports Queen's students, staff and faculty in the building of diverse and inclusive communities. Along with campus partners, QUIC provides transition services that lead to a successful student experience. QUIC provides confidential 1:1 advising provided by the QUIC International Student Advisors, Write Nights and academic writing support (with SASS), an English Conversation Program, Intercultural Training and the Intercultural Awareness Certificate Program, social activities with the World Link Program, and volunteer and work opportunities. Did you know? QUIC is here for all students!



The Ban Righ Women's Centre is a meeting place and a resource that offers its services without charge or membership. The Centre has informed and helpful staff to assist women of all ages continue formal or informal education, especially those who are returning to study after a time away from formal education or starting university for the first time later in life. Students find help with academic, financial, social or technical issues; share experiences, network with peers, give and receive support. They can be found at 32 Bader Lane and our website is <http://banrighcentre.queensu.ca>.

Welcome to Queen's!

ON-CAMPUS SERVICES



The **Interfaith Council** is a council of people representing various faith traditions at Queen's whose goal is to assist the University in promoting and enhancing the environment of religious tolerance, diversity and freedom of expression. Members of the Council represent faith traditions such as Christianity, Judaism, Hinduism, Aboriginal, Islam, Bahai and Buddhism and Wicca. Students are encouraged to exercise their own judgement as to the extent to which they participate in Orientation Week and are reminded that all activities are voluntary. To contact a member of the Interfaith Council, call (613) 533-2186.

CFRC is Queen's campus and community radio station, broadcasting at 101.9FM, channel 282 on cable, and CFRC.ca online. CFRC is your gateway to diverse Kingston communities and to underground music from around town or across the globe. CFRC offers free broadcast and journalism training. To get involved, contact cfcprogram@ams.queensu.ca, call (613) 533-2121, or drop by the station in Lower Carruthers Hall.



Queen's University Libraries have the information resources you need to complete assignments, write research papers, find class readings and explore any subject. The Queen's Library also consists of the Queen's Learning Commons (QLC), the Writing Centre, and the Learning Strategies Development Program. The QLC offers an inviting, collaborative learning space where students can pursue and share ideas and also unites staff from several service units who assist students through individual consultation, workshops, peer mentoring, and collaboration. The Writing Centre offers one-on-one tutorials, workshops, and credit courses for students from all subject areas. The Learning Strategies Development Program supports academic success through enhancing the skills and self-confidence of students through workshops, individual sessions, and the peer mentor program. These three services are all located in Stauffer Library.

Telephone Aid Line Kingston (TALK) is a crisis, distress, befriending and information line that is open from 7pm until 3am every night of the year. The telephone lines are staffed by well-trained, caring volunteers who are there to provide confidential, anonymous, and nonjudgmental listening. Don't hesitate to call (613) 544-1771 if you need to talk. For more information visit us at www.telephoneaidlinekingston.ca



Telephone Aid Line Kingston
We're here to listen



The office of **Town-Gown Relations** can help navigate through problems in the Queen's/Kingston equation while respecting confidentiality at all times. This office can educate you on your responsibilities and advocate for your rights as a student-resident of Kingston. For bylaw questions, assistance with rental situations or tips for making yourself truly "at home" in Kingston, Town-Gown Relations is your starting point. We are located in the JDUC in room 315 or you can contact us at (613) 533-6745 or towngown@queensu.ca. Our website is <http://towngown.sa.queensu.ca>

CAMPUS SECURITY

Campus Security is a service department with the main objective being to promote a safe and welcoming environment that recognizes and is respectful of the diverse nature of the Queen's Community. The Campus Security staff is available 24/7, 365 days of the year.

CAMPUS PATROL PROGRAM - Teams of uniformed security patrols walk the entire campus every night of the year, providing a visible deterrent to crime as well as a safe resource for staff, students and visitors who require assistance. The patrols act on the direction of the on-duty Security Supervisor who coordinates all responses to emergencies on campus.

BLUE LIGHT PROGRAM - The phones are there for you to use anytime you feel unsafe, afraid or concerned. All the phones have a direct line to the Emergency Report Centre. Blue lights are an important safety feature for the university community. Any malicious or irresponsible behaviour in activating an emergency phone is a violation of the Student Code of Conduct and may result in disciplinary action by the University. Any tampering, damage, or theft of an emergency phone or associated equipment is considered an offense under the Criminal Code of Canada.

EMERGENCY NOTIFICATION SYSTEM - a public address system using a siren signal followed by voice instructions will alert the campus community to take shelter and if safe to do so, check one of the current Emergency Notification platforms (Queen's Web site, University Status Line--613-533-3333, Queen's email account) for information & instructions.

LONE WORKER PROGRAM - Students, Staff & Faculty who work/study alone outside of the regular working hours can call Campus Security and request to be checked on, either by phone or in person.

ALERT-L LIST - The purpose of the Alert-L list is to provide students, staff and faculty with notices about serious incidents on or around the campus. To subscribe to the Alert-L list, click on the "Alerts" web link at Security's main web page.

RAD (RAPE AGGRESSION DEFENCE) - Free for students and staff, the Rape Aggression Defence Systems teaches women practical defensive techniques through basic information on personal safety, awareness, risk reduction and avoidance.

PREPARE TRAINING - PREPARE is a certification course offered by the Security department at no cost to University members. Upon completion of the course, participants will be able to:

- Recognize early warning signs of anger or hostility
- Effectively utilize personal space, body language and paraverbal communication to relieve tension and defuse hostility.
- Employ verbal intervention strategies to de-escalate situations before they become more disruptive or potentially dangerous.
- Maintain an objective and professional attitude when responding to an agitated individual
- Invoke four priorities essential to your organization's Violence Response Procedures.
- Effectively debrief once Tension Reduction occurs

To learn more about these and other services provided by Campus Security, please visit our web page at: www.queensu.ca/security

ON-CAMPUS SERVICES



STUDENT AFFAIRS
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Questions?
Care Centre
9 am to 5 pm on weekdays
613-776-1005
www.studentcare.ca

Welcome to Queen's!



Queen's First Aid is Dispatched Through the Emergency Report Centre by Calling the University's Emergency Phone Number: (613) 533-6111, or Using a Blue Light Emergency Phone on Campus



Queen's First Aid (QFA) is a student-based first aid response group offering 24/7 on-call services during the fall/winter school terms, exclusive of holiday periods.

Need a Band-Aid? Rolled an ankle? Drink a bit too much? In a crisis? **Call us!** Or come **walk into the Grey House!**

For more information about us and what we do, visit:

QueensFirstAid.com, message us on Facebook or Instagram, or email us at: qfa@clubs.queensu.ca



AMS HEALTH & DENTAL PLAN

Make the most out of it

Health, dental, vision, and more benefits available through the AMS Health & Dental Plan for eligible students. Complete details at www.studentcare.ca.



Questions?
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9 am to 5 pm on weekdays
613-776-1005
www.studentcare.ca



Welcome Home, Class of 2024!

Welcome to Queen's!



HIGHPOINT

MANAGEMENT & DEVELOPMENTS



Building student success
one home at a time.

It's never too early to start.

*Beat the rush and contact us today to find
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- Updated and newly renovated units
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- Rapid response to issues to ensure tenant safety and comfort
- Queens University Landlord Contract Program Approved
- Cleaning services available

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www.highpointproperties.ca

Welcome to Queen's!

WE CAN'T WAIT TO SEE YOU IN AUGUST!

Please contact us with any questions!

Alexis Pascoal

Alex Fear

Liam Carey

Paris Tomazic

Jihanara Dossa

Head Teach

Logistics Teach

Financial Teach

Academics Teach

Social Teach

headteach@cesa.queensu.ca

logisticsteach@cesa.queensu.ca

financialteach@cesa.queensu.ca

academicsteach@cesa.queensu.ca

socialteach@cesa.queensu.ca

**Welcome to
the Con-Ed
family!**

